

IMPERFECT in...

THE
IMPERFECT
PRIDE 

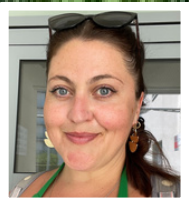
TANZANIA & ZANZIBAR

£2,995

7th - 21st Nov '25

2 Week Inclusive Women's Wellbeing Holiday

Come As You Are. Leave More Yourself.



Led by Charlotte Mary Barton CPCC | PCC

Hosted by local partner Tanzania Getaway



WELCOME TO IMPERFECT IN...TANZANIA & ZANZIBAR

Going on holiday and adventuring alone can feel overwhelming - especially when you're choosing somewhere far beyond most people's comfort zones.

"Travel is the classroom without walls — every journey teaches us something we could never have learned by staying still."

Tanzania and Zanzibar were home and workspace for Charlotte for over seven years. She knows and loves these places, understands the culture and customs, and has experienced first-hand the magnificence they hold.

This holiday is your perfect opportunity to create space for yourself, to be, to do, to adventure, to connect, and most of all, to have a bloody good time.

All ages and walks of life are welcome, wherever in the world you're joining us from.

YOUR FRONT WOMAN

CHARLOTTE MARY BARTON

“Charlotte holds space in a way that feels both grounding and empowering. She has a rare ability to make you feel completely safe, yet also challenges you to step into more of who you are.” – Jenny*

For over a decade, Charlotte has been coaching women, teens, and groups to step into greater confidence, connection, and self-leadership. A certified professional coach (CPCC, PCC with the ICF) and safeguarding trained, she has years of experience creating spaces where people feel safe to be themselves — whether in a coaching session, a workshop, or an adventure abroad.

Tanzania and Zanzibar aren't just destinations for Charlotte; they were her home and workplace for over seven years. She knows the culture, the communities, and the rhythm of life here, and brings a deep respect and love for the places that shaped her.

On this trip, Charlotte will lead optional wellbeing workshops and collaborate with in-country creative and movement experts to offer sessions designed to help guests slow down, reconnect with themselves, and leave feeling more fully alive. Nothing is compulsory, some may come for the holiday, others for the adventure, culture, or wellbeing. However you chooses to take part, you'll be welcomed exactly as you are.



OUR LOCAL PARTNER

TANZANIA GETAWAY

We're proud to be partnering with **Edward Busungu** and his team at **Tanzania Getaway**.

For over 20 years, Edward has been welcoming international travellers to Tanzania and Zanzibar with warmth, care, and expert organisation. Well known and trusted, he leads a family-run business where community, love, support and a can-do attitude sit at the heart of everything.

Edward is versatile and experienced, equally at home planning logistics, leading adventures, or introducing guests to the real Tanzania. His deep roots and generous spirit ensure every part of the journey is safe, smooth, and full of local insight.

Alongside Tanzania Getaway, Edward also leads **Busungu Community Centre**, supporting sustainable, Tanzanian-led projects. During the trip, we'll have the chance to see this inspiring work first-hand, with opportunities to get involved for those who wish.

With Edward and his team, you'll not only travel, you'll be welcomed as a guest, a friend, and part of a community.



THE 'WELLBEING' PRACTICE

This isn't a retreat where you have to roll out your mat at dawn or tick off every session. Here, the practice is about exploring what makes you feel more alive, more you - through creativity, movement, reflection, connection, or simply saying "yes" to adventure.

Throughout the trip, you'll have the chance to:

- Join **wellbeing workshops** on journaling, meditation, visualisation, intention setting, and taking courageous steps.
- Build confidence through **creative expression**, from painting to exploring stage presence and finding your voice.
- Enjoy **movement sessions** like gentle yoga, beach PT, or dancing under the stars.
- Step into adventure with **safari, walking tours, waterfall hikes, and diving into the Indian Ocean.**
- Reflect and connect in guided sessions that help you navigate differences and bring new insights back to daily life.

Every day is designed to support your **mind, body, and soul**. You'll be part of a community of women sharing encouragement, laughter, and real-life wellbeing - holistic, human, and anything but perfect.

Everything is optional. You might lean fully into the workshops or dip in and out between adventures. Either way, you'll leave with memories, connection, and a few new tools to carry with you long after the holiday ends.



THE FOOD

Three meals a day are included, with plenty of fresh fruit, vegetables, and a mix of local flavours alongside dishes suited to a Western palate. You'll enjoy a variety of restaurants as well as meals prepared by our own chefs.

There's space to be adventurous, but also freedom to step away and eat on your own if you'd like time to yourself or prefer something different.

Vegetarian meals will always be available, though options are more limited on the mainland than in Zanzibar, where variety is greater. Rice and beans are a staple, with eggs common for non-vegans. Meat and seafood are plentiful, and we'll always keep things satisfying.

We're into food, so you won't go hungry. Snacks are your responsibility, but there will be chances to stock up at Western-style supermarkets. Bottled water will always be provided, as tap water isn't safe to drink.

Alcohol isn't included, but you're welcome to enjoy it at your own cost. There's no pressure either way — some may choose not to drink, others may share a cocktail at sunset. We'll even have a celebratory toast together before the trip ends.



THE LOCATION

Over two weeks, you'll experience three unique sides of Tanzania and Zanzibar — each with its own rhythm, all with comfort, connection, and relaxation at the heart.

Dar es Salaam – 3 nights | Explore

We'll stay in a spacious house with a pool, just two minutes from the beach. Dar is the lively coastal gateway to Tanzania — the perfect place to arrive, settle in, and begin exploring.

Moshi – 4 nights | Connect

At the foothills of Kilimanjaro, our lodge-style hotel offers a pool, mountain views, and easy access to Moshi town. Here you'll find a balance of retreat space, culture, and adventure, with the mountain ever-present in the background.

Zanzibar – 7 nights | Rest & Reflect

Our final week takes us to the east coast in beachside bungalows with four-poster beds, a pool, and direct access to the Indian Ocean. This is your time to slow down, soak up island life, and reflect by the rhythm of the waves.

At each place, we'll have space to come together as a group — for downtime, meals, or optional workshops. Connection and support are a big part of this journey: times to be strong, times to be soft, and always held by the presence of one another.

Our accommodation is clean, comfortable, and true to the Swahili style of Tanzania and Zanzibar — think four-poster beds, breezy spaces, and local character. It's not five-star hotel luxury, but it is carefully chosen for comfort, style, and experience. You'll feel well cared for and more than comfortable throughout. Rooms are mainly shared, with a few solo options available.





ACTIVITIES INCLUDED

- Mani, Pedi or, Massage on arrival
- Community visit and Museum Trip
- Indian Ocean Island Day Trip
- One walking tour in Moshi
- Plus Waterfall Hike
- 1/2 Day Safari
- Spice Tour
- Cookery Class
- Slave Market Guided Tour
- Day Boat Trip off Zanzibar

OPTIONAL EXTRAS

- Additional walking tours in Moshi / Zanzibar
- Full Day Safari
- Private Yoga/Movement Classes
- 1:1 Coaching Sessions
- Colobus Monkeys
- Swimming with Wild Dolphins
- Dinner at 'The Rock'
- Watersports
- Turtle Sanctuary
- Stonetown Guided Tour



TRANSPORT

Included

- Airport Transfers in Dar es Salaam
- Private vehicles to/from Moshi
- Boat to Zanzibar
- Flight from Zanzibar to Dar
- Private Transport for organised activities either car, taxi or 'bajaj' (tuktuk)

Not Included

- International flights to and from Tanzania
- Transport for additional activities

BOOKING

To secure your spot you will need to pay £300 non-refundable deposit.
The remainder of the payment can be paid in full or split into a payment plan.
If you have any questions, please email Connect@TheImperfectPride.com

FAQS

Can I come alone?

Of course, most will come solo. This is a warm, welcoming space where you'll connect with others quickly (and have time for yourself too).

How many people can I expect to be on the trip?

Spaces are limited in order to keep it an intimate trip. There will be 6-12 women.

Do I need to be really fit to come?

No - all activities are designed to be accessible. There's some walking (like the waterfall hike), but everything is optional and adaptable to your comfort level.

Can I have my own room?

Yes but limited, private rooms are available at an additional cost. Let us know in your booking email if you'd like this option. Swahili accommodation is spacious and beds are usually king size as standard, if not super king.

FAQS

When is the final payment due?

All balances must be paid in full by 24th October 2025. Payment plans are available. Request your preference of weekly / monthly / 2-part payment or in full.

What happens after I pay my deposit?

You'll immediately receive confirmation and then within 48 hours, you'll receive a personalised email confirming your spot and providing your payment link options. You'll also receive details about visas, vaccinations, and packing in the weeks after booking.

Can I get a refund if I cancel?

Deposits are non-refundable. If you cancel after full payment, refunds will depend on whether your place can be filled — see the cancellation policy for full details.

FAQS

Can I tell you about my access needs?

Please do! You'll be asked when you book anyway but if there's something you're concerned about us catering for please do reach out to start the conversation with us on connect@theimperfectpride.com

I have specific dietary requirements - can you cater for them?

Most dietary requirments can be provided for, you may just have limited options available to you eg. vegan. Let's have the conversation though.

Will there be alcohol?

Whilst we won't provide it, you are always welcome to buy drinks, be it at restaurants, bars or from shops to bring to the accommodation.

WANT TO COME?

Secure your place on Imperfect in... Tanzania & Zanzibar today!

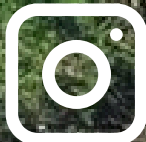
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